

## **Your Sharings Are Needed**

Following a motion from the 2008 World Service Conference, the WSO is preparing a book about Al-Anon's history. The book will tell Al-Anon's story from the perspective of Al-Anon members, including those whose personal progress involved working in Al-Anon service on the challenging issues of their day.

Please share your recollections about the events you witnessed since you joined Al-Anon—and what you learned from the experience. Your sharing could include the founding of Alateen, the first Conference, the creation of Conference Approved Literature, the influx of adult children of alcoholics, the relocation of the WSO, the introduction of the Alateen safety requirements, or many other events and achievements.

Here are some questions to consider:

- How did the history you witnessed contribute to your own experience, strength, and hope?
- In your time in the program, what innovations did you witness? How did Al-Anon evolve as a program and as an organization? Were you witness to any milestones in Al-Anon's history?
- Which of your experiences in Al-Anon resulted in the most personal growth?
- What is your recollection of Al-Anon at the time you entered the program? What were your expectations when you entered Al-Anon? To what extent did Al-Anon meet those expectations?
- If you were involved in service, what were the major challenges? How were these challenges overcome? If you were a Delegate, what were the issues that your panel cared about most? How have those issues been resolved?
- What brought you to your first meeting? What was your first meeting like? How was that first meeting different from the Al-Anon meetings you go to today?
- If you were a WSO volunteer or staff member, what were the most important issues while you served?

This history book will need sharings from every decade from the 1950s to the present. Even if you think that the mid-1990s or the early twenty-first century is too recent to be history, please share your perspective with us so that this book can reflect every stage of Al-Anon's growth.

Please mail, fax, or e-mail your completed sharing **by October 31<sup>st</sup>, 2009** to:

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